### **Vision Hair Extensions Hand Tied Method - Instructions**

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## For the best results, a hands-on class is recommended - come take a class with us

Weekly, ongoing classes are available



# Supplies needed:

Hand tied hair extensions
Weaving thread
Curved Needle
Bond-a-Weave glue
Pulling loop
Large/XL silicone microrings
Curved nose pliers
Hair Spray
Pincurl clips (single prong)
Assorted clips to hold up hair

### **Getting Started**

Hand tied hair extensions are the most gentle application of hair extensions when applied correctly, but they are not for everyone. The client's hair needs to be at least to the collar bone and not too thick and blunt. The wispier the ends the better for blending. Clients with short or thick hair may do better with keratin/fusion extensions.

3-4 wefts for a single row application (long thin hair)
6-8 wefts for a double row application (average client)
10-12+ wefts for 3-4 rows (thick hair client)

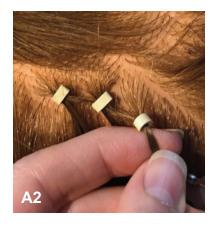
### Prepare your tools and hair

Untie each weft and uncurl, straighten weft with flat iron on medium heat. You will need a cleared off counter top for gluing the wefts together (don't glue until the beads are in and the row is measured. You will also need an area within easy reach for all your tools.

#### Step 1

Make a clean, horizontal parting, 1 1/2" over the ear, then curving down under the occipital. It should be at least 2" above the nape hairline. Use hairspray to tame any flyaway hair. Load your loop tool with 10-12 beads.







#### Step 2

Take a 1/4" - 1/2" square section to apply the first bead, (the first 2 beads should be almost straight across (horizontal) from each other. Pull the first section of hair through the loop of the loop tool. Now slide a bead up the loop pulling the hair into the bead. With your bent nose pliers adjust the angle of the bead as shown in the pictures. Squeeze the bead closed. The bead should be close to the head but not too tight. (A1)

#### Step 3

For the second bead, carve out a small square section an pull 1/2 the hair from the previous bead. Pull all this hair through a bead and crimp. Thin hair will require bigger sections to support the wefts and thick hair will need smaller sections. If you can't pull the hair through the beads, you have too much hair. (A1)

### Step 4

Continue adding beads in the same way, angling down under the occipital bone. End about 1" from the center of the neck. Create the same beaded row on the opposite side. There should be a 2"-3" open section at the nape. Apply 3-4 individual beads here, (not chained together) (A2-A6)







#### Step 5

Glue 2-3 hand tied wefts together with Bond-a-Weave. A thin bead of glue needs to be applied to both of the wefts, wait untill tacky and press together. Vision likes to have the top weft 1/2" longer than the underneath weft(s) so the top weft can be folded over the bottom weft(s) and glued. This make for a really clean end that lays flat. It may be necessary to trim the length of the second side of the weft, (the underneath weft(s) so you can fold the top weft over). If you have properly glued the wefts there will not be shedding. If using 3 wefts glue 2 together then glue the 3rd weft after the first 2 are dry. (B1-B3)







Depending on how far forward you apply the weft, you will either use 1 set of glued together wefts or 2 sets in one row. For most applications you will sew one glued together row starting from the left or right side and ending short of the other side. That's OK! You will finish that row and start the 2nd row on the opposite side sewing till that one is complete. This will give you a nice thick amount of hair in the back.

### Step 6

Clip the weft to the row using small clips. (The beads should be covered.) Get your thread ready. You will need a **VERY** long piece of thread. 2 full arm spans is usually is enough, about 10-12 feet long. Believe me, the thread gets used up really quickly and it isn't good to run out and have to add another piece of thread. Now thread the curved needle and tie the 2 ends of the thread together in a small knot. Make your first stitch about 1/2" from the end of weft, going up under the weft and in back of the second bead. Bring the needle through the thread to create a loop(C1). Make a stich to the left and loop the thread in back of the needle, (this is called a blanket stitch), make 2-3 stitches going toward the end of the weft, double stitch the very end (C2). Now you will start stitching to the right, going completely around to the end of the weft. When you have reached the end of the weft make 2-3 stitches and then stitch back a couple of stitches and tie a knot to secure(C3-C6)







If you are adding a second weft to this row, start on the opposite side of the head from where the first weft was added. Clip the weft onto the row and sew the same way as the first weft(C7). Step 7 (optional)

Many times a client will need a 2nd row above the first row. Simply recreate the same pattern 1" above the first row. With very thick hair a 3rd row may be needed but this is unusual.

Tip: Different extension techniques can be used together. Tape-ins or keratin extensions can be used as a addition to Hand Tied extensions. A few strand of tape-ins can be easily added to the temple area to fill in any gaps or keratin strands if a clients hair is extra thick and needs some added volume.







